



HIwellcareSM Plan

HIwellcarePlusSM Plan

Summary of Benefits Health Insurance Riders

This summary provides a condensed explanation of plan benefits. Certain limitations, restrictions and exclusions may apply. Please refer to the Guide to Benefits, which may be obtained from your employer, for complete information on benefits. In the case of discrepancy between this summary and the language contained within the Guide to Benefits, the latter will take precedence.

HIwellcareSM

Costs are based on Per Employee Per Month (PEPM)

HIwellcare SM Benefits	Cost to Employer
Confidential Health Risk Assessment (HRA) Online or Electronic	Included
Personal Health Desktop (PHD)	Included
Web Modules (Medical Records, Vital Statistics Tracking)	Included
Road to Wellness Programs (Diet and Nutrition, Stress Management, Tobacco Cessation, Fitness and Exercise)	Included
Risk Resolution Guidelines	Included
Medical Library	Included
Vaccination/Immunization Cards	Included

HIwellcarePlusSM

Costs are based on Per Employee Per Month (PEPM)

HIwellcarePlus SM Benefits	Cost to Employer
Confidential Health Risk Assessment (HRA) Online or Electronic	Included
Personal Health Desktop (PHD)	Included
Web Modules (Medical Records, Vital Statistics Tracking)	Included
Road to Wellness Programs (Diet and Nutrition, Stress Management, Tobacco Cessation, Fitness and Exercise)	Included
Risk Resolution Guidelines	Included
Medical Library	Included
Vaccination/Immunization Cards	Included
RN Health Review and Health Coaching	Included